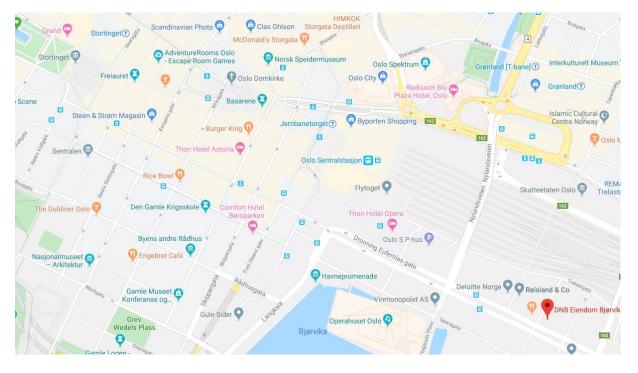
Venue address for all meetings

DNB Bank ASA Dronning Eufemias gate 30, 0191 Oslo, Norway

The venue is within walking distance from Oslo Central Station (Oslo S).



Hotel suggestions

Please note that if you have any special needs, the hotels kindly ask that you contact them directly instead of using booking sites like hotels.com or similar. For instance, if you need an accessible room, the hotel would like to ensure they have a room available for you.

Thon Hotel Opera, Dronning Eufemias gate 4

"The hotel is right next door to the Airport Train terminal at Oslo Central Train Station, so every possible public transport option is truly at your doorstep. Karl Johan high street is a two-minute walk from the hotel."

https://www.thonhotels.com/our-hotels/norway/oslo/thon-hotel-opera/

Radisson Blu Plaza Hotel, Sonja Henies plass 3

"Towering 37 stories above the Oslo city center, the Radisson Blu Plaza Hotel stands within walking distance of top attractions such as the Royal Palace, National Gallery and Oslo Spektrum Arena. Browse the shops of nearby Karl Johans Gate, or access train, bus, tram and metro lines at Oslo Central Station, next to the hotel."

https://www.radissonblu.com/en/plazahotel-oslo

Clarion Hotel The Hub, Biskop Gunnerusgt. 3

Clarion Hotel The Hub is a newly opened hotel boasting great facilities with exciting restaurants, great bars, a conference centre and lots more. With an unbeatable location right next to the central station, you'll be ideally situated to enjoy Oslo.

https://www.nordicchoicehotels.com/hotels/norway/oslo/clarion-hotel-the-hub/

Grand Hotel, Karl Johans gate 31

The Grand Hotel in Oslo is Norway's perhaps best-known and most prestigious hotel. Our historical heritage rich hotel first opened its doors in 1874 and for over 145 years it has been host to the people of Norway, international guests, world leaders, celebrities and the Nobel Peace Prize laureates.Henrik Ibsen, the world-renowned Norwegian author made the luxury hotel one of his favorite daily haunts.

http://www.grand.no/en/home.html

Amerikalinjen, Jernbanetorget 2

Here the journey began for thousands of hopeful Norwegians. They were going to travel with Amerikalinjen to the land of opportunity. The Norwegian America Line's venerable headquarters opened their doors in 1919.

100 years later we breathe new life into these dreams. This iconic building has been reborn as a vibrant boutique hotel, designed for the modern explorer.

Outside the doors, the city is at your feet. The Opera, shopping in Kvadraturen and the nightlife on Youngstorget are our closest neighbours. The airport express train (Flytoget), buses and trams are all in the immediate vicinity. https://amerikalinjen.com/

Clarion Hotel Oslo, Dronning Eufemias Gate 15

The Clarion Hotel Oslo is located in Oslo's newest and most exciting district, Bjørvika. With the Opera and the new Munch Museum (opening 2020) as its neighbours, and within easy reach of Barcode and Oslo Central Station, you'll be ideally situated to explore the city. The hotel is less than 500 metres from Oslo Central Station and promises a fantastic stay with unique art and delicious food.

https://www.nordicchoicehotels.com/conferences-meetings/norway/oslo/clarion-hoteloslo/

All the above hotels are within walking distance from the venue. Hotel Grand is the hotel that is the farthest away (1.4 kilometres).

Transportation from the airport

Airport Express Train

Oslo Airport (Oslo Lufthavn) is located 47 kilometres north of Oslo. The fastest and most convenient way to travel is by <u>Flytoget, the Airport Express Train</u>. The train ride from the airport to Oslo Central Station takes about 20 minutes, and the fare is NOK 196 one way to Oslo S or Nationaltheatret. The trains leave every 10 minutes.

You may travel without a paper ticket and you will find designated terminals for this at every station, but please remember to swipe your card before entering the train: <u>https://flytoget.no/en/travel-information/tickets-and-fares/ticketless-travel/</u> You can also download the Flytoget app, where you can buy tickets, see a countdown to the next departure in real time, get receipts for your purchases and plan later departures: <u>https://flytoget.no/en/travel-information/tickets-and-fares/flytoget-app/</u>

Vy (regular trains)

It is also possible to travel by local or regional trains from the airport to Oslo Central Station. Available trains are L12, R10, R11, and the journey takes about 23 minutes. The fare is NOK 105 for prepaid tickets, and an additional surcharge for tickets bought on board the train. There are ticket machines at the airport, but you may also buy your tickets online, <u>https://www.vy.no/en</u>, or by downloading and using the Vy app: <u>https://www.nsb.no/en/our-tickets/app</u>

<u>Taxi</u>

If you want to take a taxi from the airport, we recommend you go to the taxi information desk in the arrivals hall.

The taxi information desk has information about the fixed rates of the different companies that operate out of Oslo Airport. They can also book a taxi for you.

The taxi rank is immediately outside the arrivals hall. You can usually find a taxi from most taxi companies there. A taxi ride from the airport to Oslo Central Station takes about 40 minutes.

<u>Bus</u>

There are several companies to choose from. The travel to Oslo Bussterminal is approx. 60 minutes. Oslo Bussterminal is the main terminal for long-distance and regional bus routes, located in the city centre near the central train station.

Ruter

Ruter buses run to and from Oslo Airport and make a number of stops in the vicinity of the Airport. Fares and timetables: <u>https://ruter.no/en/</u>

Airport Express Coach (Flybussen)

The Airport Express Coach runs between Oslo city centre and Oslo Airport every 20 minutes every day. Fares and timetables: <u>https://www.flybussen.no/en</u>

VY Flybussen

Fares and timetables: <u>https://www.vybuss.no/#!/</u>

Transportation in the city centre

You can use the same tickets on all public transport in Oslo: bus, tram, metro, train and ferry (not the Bygdøy ferry) and a single ticket lasts for 60 minutes. You only

need a 1-zone ticket within the city centre. See more information about tickets here: <u>https://ruter.no/en/buying-tickets/tickets-and-fares/</u>

Journey planner (metro, bus, tram): <u>https://ruter.no/en/journey-planner/#st:1,sp:0,bp:0</u> Buy tickets by downloading and using the Ruter app: <u>https://ruter.no/en/buying-tickets/mobile-ticket-app/</u> Route maps in PDF: <u>https://ruter.no/en/journey/route-maps/</u>

Useful information

✓ Things to do in Oslo

Here you can find a lot of useful tips on transportation, top attractions, things to do, and what's on in Oslo: <u>https://www.visitnorway.com/places-to-go/eastern-norway/oslo/</u>

✓ ATMs ("Minibank" in Norwegian)
ATMs are available at many locations in the town centre.

✓ Business hours

| | Weekdays | Saturday | Sunday |
|----------------|---------------|---------------|--------|
| Banks | 09:00 – 15:30 | closed | closed |
| Post office | 09:00 - 18:00 | 10:00 – 15:00 | closed |
| Major shops* | 10:00 – 20:00 | 10:00 – 18:00 | closed |
| Public offices | 09:00 - 16:00 | closed | closed |

* Most shopping centres. Opening hours vary from shop to shop.

✓ Climate and clothing

Regardless of season, the Norwegian weather is likely to change from day to day.

We advise visitors to bring clothes they can layer depending on temperature.

See the weather forecast for Oslo.

✓ Credit cards

All major credit cards are widely accepted in hotels, restaurants and shops.

✓ Currency

The Norwegian currency is NOK (Norwegian kroner). Notes are issued in the following denominations: 1000, 500, 200, 100 and 50. Coins in use are: NOK 20, 10, 5 and 1. Prices may be given with two decimals, but the sum is rounded to the closest NOK 1.

Visitors may buy foreign currencies at banks, post offices and exchange offices. Banks and exchange offices can be found at several locations in the centre of Oslo.

✓ Electricity supply

Voltage is 220 V at 50 Hz, and a round two-pin plug is the Norwegian standard. If travelling with electrical or electronic devices, it is recommended to bring a two-pin continental adapter although adaptors may be purchased in shops in the town centre.



✓ Health/vaccination

There are no health certificate requirements for entering Norway. The general standard of healthcare is high.

Norway has no rabies, so there are strict rules for bringing animals into the country.

✓ Insurance

The host cannot accept responsibility for accidents, loss of or damage to any luggage or personal belongings. Participants and accompanying persons are advised to obtain travel, medical, personal accident and luggage insurance in their home country prior to departure. European nationals should bring a European Health Insurance Card (EHIC).

✓ Language

Norwegian is the official language of Norway. English is widely spoken as a second language. Signs, however, are often written in Norwegian only.

✓ Prices

Please note that certain products can be quite expensive in Norway. Prices for certain products (like cigarettes/tobacco and alcohol) may be higher than visitors are used to. All prices given in shops, menus, etc. include taxes (VAT).

✓ Safety

Norway is a safe country for travel. However, visitors should still take normal precautions to avoid petty-theft.

✓ Smoking

Smoking is prohibited in public buildings in Norway. This also includes offices, public transportation, hotels, bars, restaurants and all other establishments where food and beverage are served.

You must be 18 years old to buy tobacco and tobacco products in Norway.

✓ Taxes

There is a value added tax (VAT) which is always included in the given prices.

Visitors leaving with goods purchased in Norway can claim the VAT refund at the airport at their departure by showing the goods and producing the invoices or receipts exhibiting VAT paid for the goods in question. VAT is only refunded on goods over a certain minimum value. No refund will be made if the claim is not lodged before departure. Further information.

✓ Telephone

Regular telephone numbers in Norway consist of eight digits, and there are no area codes. (There are also some five-digit numbers mainly used by companies.)

calling to Norway

The international telephone access code is +47.

calling from Norway

The outgoing code from Norway is 00.

- Mobile phone

Norway has two national GSM network operators: Telenor and Telia.

Emergency numbers: Fire: **110** Police: **112**

Ambulance: 113

✓ Time Zone

The time zone for Norway is Central European Time (CET) which is one hour ahead of Coordinated Universal Time (UTC, which is equivalent to GMT). From the last Sunday in March to the last Sunday in October, we have Central European Summer Time (CEST), which is two hours ahead of UTC.

✓ Tipping

Tipping in Norway is regarded as a voluntary gesture rather than an expected economic compensation for services rendered. Service and sales tax are always included in the bill at restaurants and bars. However, tipping is customary if the service is satisfactory. Customers can round up to the nearest NOK 10 or 100. A 10 % tip is considered generous.

No tipping is expected in hotels.